

Being a parent is not always easy. As adults we have to deal with the pressures of daily living, often juggling child care, work, family complications, behaviors, debts and unemployment to name but a few. At times things can be a struggle and we don't know who or where to go to for support or advice.

My role as Parent Support Advisor could be your answer. I can offer advice and support on many issues, questions or concerns you may have.

No question is a wrong question!

You may just need advice on holiday clubs, out of school activities, behavior issues and routines, or, it could be issues on more 'adult concerns' ie, debt, domestic abuse, health problems or housing issues.

Please get in touch.

Family
is not an
IMPORTANT
thing, it is
Everything



Do you have battles at bedtime

Are morning routines a problem?



Are you stressed out?

Do you have worries or problems at home?

GET IN TOUCH

Schools covered:-
Sherburn Primary School—Hill and Village Sites
West Rainton
Pittington
Ludworth

Parent Support Advisor



Lynn Moore

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I can help you by providing:

- Information, advice and practical support including helping you to access other services and agencies
- One to one support in your own home or other suitable venue
- Information about local and national support services
- Opportunities for you to get involved with your child's learning and school
- Opportunities to learn new skills and meet with other parents
- Courses to build positive relationships with your child and share parenting experiences.
- Help with routines and behaviours



Sometimes talking to someone over a coffee is all the support you need!
It's good to talk and not keep things bottled up.
A problem shared is a problem halved!

*"When you need me, but do not want me, then I must stay
When you want me, but no longer need me, I have to go."*

Quote taken from 'Nanny Mcphee'

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Family issues and problems may arise, I can support you and your family through difficult times and situations



You may want to talk to your Parent Support Advisor about.....

